

A Promised Prize.

- Before the lesson draw up a list (or select from table below) of a few tasks that the children can help you with e.g. putting something in the bin; cleaning your shoes; dusting around the windows; straightening the chairs or activities to perform
- Choose a child to carry out each of the tasks.
- When they have completed the task thank each child and then promise to give them a reward at the end of the lesson if they ask you for it.
- Our lesson for Sunday is a true story from the Bible about obeying God's commands, trusting his promises and waiting for them. This game will help the children grasp these truths

Doing 10 push ups	Doing 10 sit ups	Doing 10 burpees	Running x5 laps around the house
Skipping non stop for 20 seconds	Putting items in the bin	Cleaning a window	Dusting a shelf
Wiping a counter	Washing a lunchbox	Planking for 30 seconds	Packing away laundry

Pass-the-Parcel Patience.

- Before the lesson wrap a number of sweets together in newspaper/wrapping paper (enough for each child to have at least one).
- Wrap this parcel in another layer of wrapping paper, but do not put any prizes between the layers. Do this at least four more times, layering the paper around the central prize.
- Get the children to sit in a circle and play a game of pass-the-parcel. When the music is playing they must pass the present along to the person on their left, but when the music stops the child holding it may unwrap one layer of paper. Make sure they do not unwrap any more layers when they cannot find a prize!
- After one or two rounds the children may start to ask whether there is any prize at all; keep promising and reminding them that there definitely is a prize, one for each of them.
- When the last layer of paper is unwrapped get the children to share out the prize, one sticker/sweet for each child who is playing.
- Remind them that in today's true story from the Bible Caleb had to wait a long time to receive his prize – just as they had, but he kept going because he trusted God's promises.

In It to Win It.

- Play this game in two rounds.
- For the first round, tell the children that you are going to set them a very tough challenge
- Make it clear that it doesn't matter who wins, there will be no prizes.
- You should find that many of the children give up and don't make much of an effort to complete the task.
- For the second round show the children all a huge prize and get them to repeat the challenge. The prize should motivate them all to try extra hard!
- At the end tell them that you're not going to give them the prize and see how they react.
 - Why did they participate more vigorously the second time around?
 - Why did some of them give up the first time?
 - Why were they disappointed when you wouldn't give them the prize?
 - Talk about how we can be encouraged to try harder when we know there is something good at the end and when they know you can be trusted to keep your word.

Give each child a prize for the effort they went to and perhaps give an extra reward to individuals who really went all out.

Remind them that in today's true story from the Bible Caleb knew that God had promised Israel a great prize – the promised land. He trusted God to keep his word and give them this prize so Caleb kept going and persevered; because of that God gave him even more!

Run from one point to another	First to 10 sit ups	First to 10 push ups	First to 10 burpees
First to skip from one point to another	First to run a lap around the house	first to 10 star jumps	First to 5 cartwheel s



Activity

For 3-7s – choose either Activity A (page 50) or Activity B (page 51).

Activity A – Print page 50 onto paper, one copy for each child.

The children colour in the picture.

Remind the children that Caleb trusted God's promises even though he had to wait a long time to receive them!

Activity B – Print page 51 onto paper or card (one copy for every two children).

Before the lesson cut out the sandals and use a craft knife to cut along the bold line.

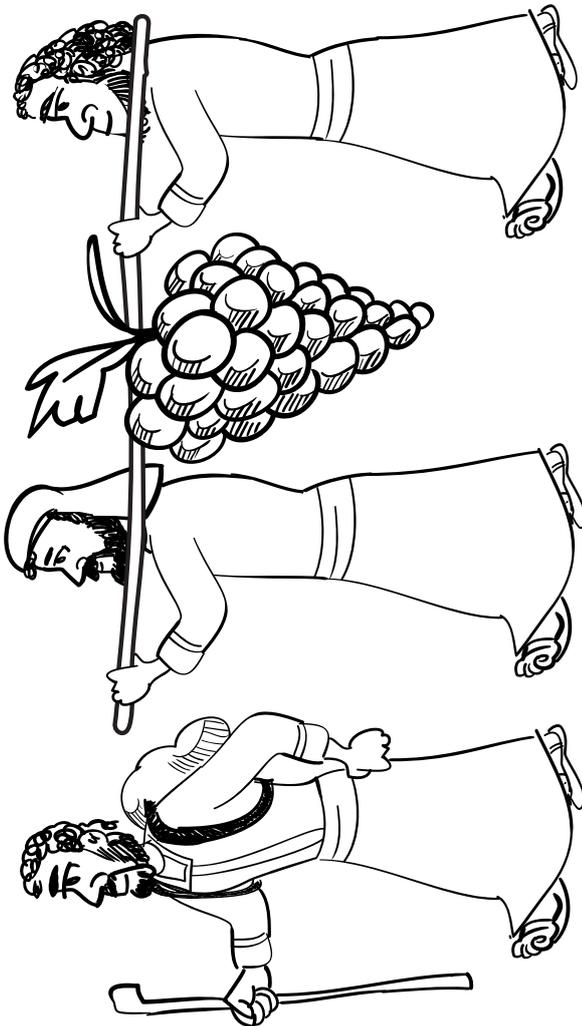
The children colour the pictures. Help the children to fold along the dashed lines then carefully glue the circle on the base of the sandal as indicated and match the circle on the strap to it.

Talk about how only Caleb and Joshua had trusted God's promises. Remind them that God made a special promise to Caleb to give him all the land that he had first walked over because he had trusted God. Did this promise come true? How long did Caleb have to wait?

For 7-11s – print either Activity Sheet C (page 52) or Activity Sheet D (page 53) onto paper for each child. Choose whichever is appropriate for your children and use it to reinforce the lesson or as a discussion starter.

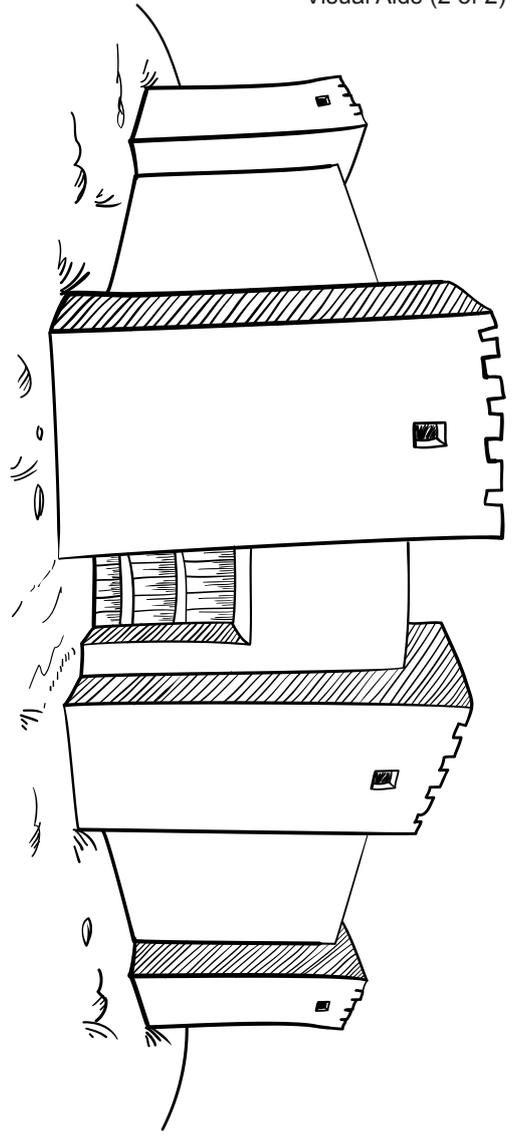


Manna in the wilderness



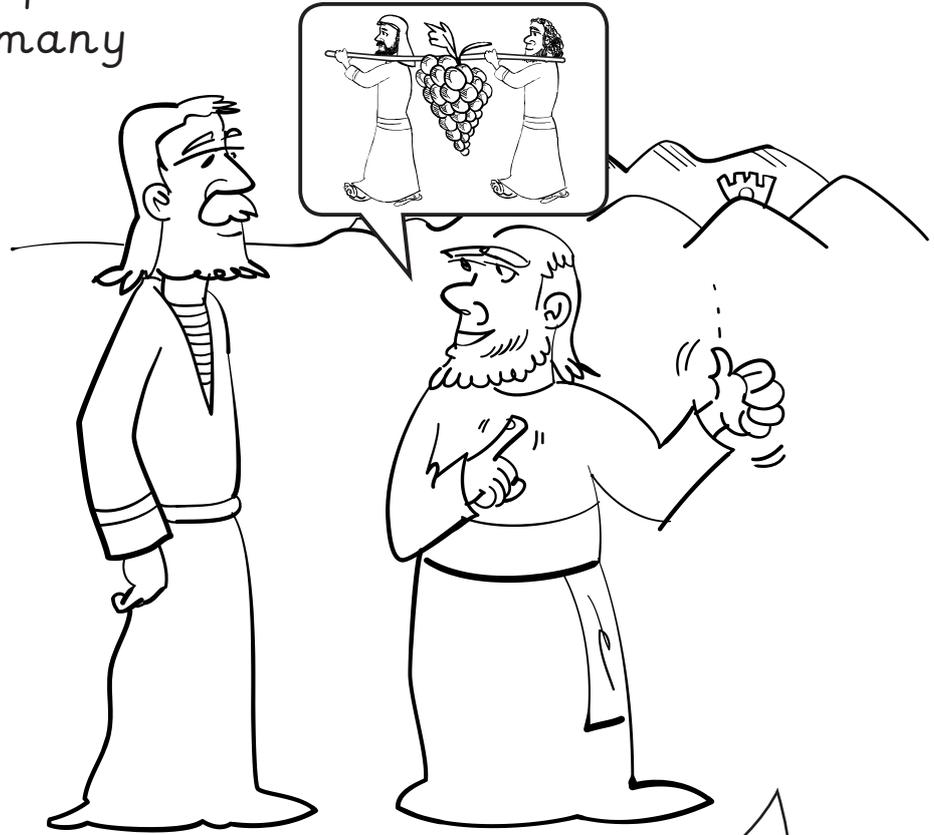
Spying out the promised land

Jericho



Abraham

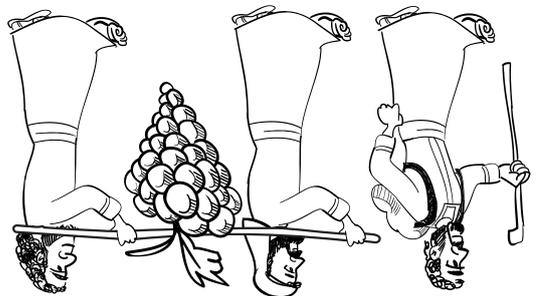
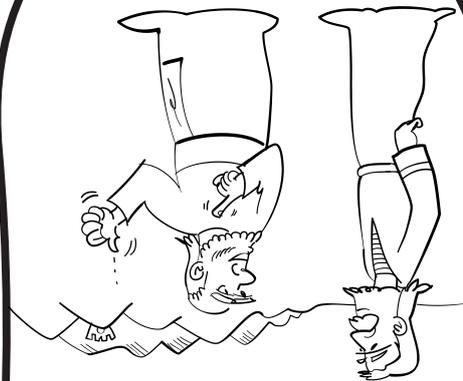
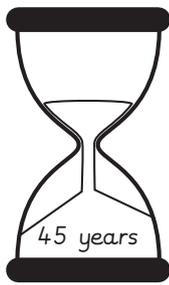
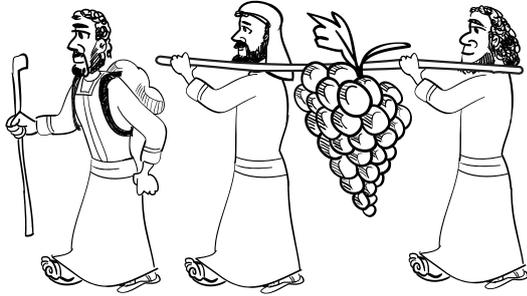
Caleb reminded Joshua that God had promised to give him a special piece of land many years before.



God kept his promise and
Joshua gave Caleb the land.

Joshua 14:6-15

God keeps his promises. Joshua 14:6-15



Joshua 14:6-15



God keeps his promises.